

April 2021



New Jersey Healthy Kids Initiative

Newsletter



The mission of the New Jersey Healthy Kids Initiative (NJHKI) is to improve child health through evidence-based research, education, and practice in nutrition, culinary literacy, and physical activity. NJHKI's vision is that New Jersey children will be the healthiest in the country.

The NJHKI Team strongly supports access to healthy foods and physical activity for ALL children, particularly those in the black community who have been disproportionately affected by healthy inequities.



This month, learn what role we all play in raising minority health!



Every Kid Healthy™ Week is an annual observance created in 2013 to celebrate school health and wellness achievements.

The last full week of April each year, each day of the week shines a spotlight on the great actions schools and families are taking to improve the health and wellness of their kids and the link between nutrition, physical activity, mental health, and learning – because healthy kids are better prepared to learn and thrive!

[LEARN MORE](#)





NEW JERSEY HEALTHY KIDS INITIATIVE

The New Jersey Healthy Kids Initiative (NJHKI) is a groundbreaking partnership between two preeminent institutes at Rutgers: the New Jersey Institute for Food, Nutrition, and Health and the Child Health Institute of New Jersey. The mission of NJHKI is to improve child health by conducting evidence-based research, education, practice, and programs in nutrition and physical activity. With childhood obesity continuing to rise, there are red flags that our communities are heading toward a health crisis. With a focus on prevention, NJHKI conducts research, implements programs, and provides policy, systems, and environmental solutions that will help New Jersey children become the healthiest in the country.

0

Days Left

16

Supporters

THANKS TO OUR RECENT DONORS!

Rosario Dumauai

Kiera Nealon

Christopher Gunning

Claire Smith

Alison Brown

Gabby Harrison

Arsenka Oleschiff

Thank you to those who donated to this year's Rutgers Giving Day & supported NJHKI!



NJHKI's Dr. Dan Hoffman was appointed to the Independent Expert Group of the Global Nutrition Report. GNR is an independent think tank that monitors and reports on the state of nutrition throughout the world to keep pressure on governments and organizations (i.e. food companies) to address malnutrition through advocacy and research.

[Read more about GNR](#)



Are you on our
email list?
Do you want to be updated on all
things NJHKI?

Join our
mailing list!



NJHKI provides field trips to the IFNH, culinary nutrition and physical literacy education experiences and education for children and families, professional development, grant writing support, and more!
To find out how NJHKI can support your school's distance learning, email Dr. Erin Comollo at erin.comollo@rutgers.edu

WE ARE ON SOCIAL MEDIA!

Make sure to check us out to stay update to date with what NJHKI is up to!



RUTGERS

New Jersey Institute for Food,
Nutrition, and Health

The Child Health Institute
of New Jersey

WWW.NJHKI.RUTGERS.EDU