7/13/2020 Common Bytes

Fruit Two Ways

Recipe From: Common Threads

Prep: 10 minutes Cook: 0 minutes Total Time: Servings: 5 Difficulty: easy

10 minutes

Cultural Facts:

Herbs and Spices are used across the globe for their culinary and medical qualities. They are often used to treat sickness and ailments.

Plates

Ingredients: Equipment:

1/2 lime Knife

1 C pineapple, cut into snack sized pieces

1 C mango, cut into snack sized pieces

1 C watermelon, cut into snack sized pieces

1 T chili powder

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Directions:

- 1. Wash and slice fruit if necessary
- 2. Take two pieces of fruit, leave one plain and squeeze 1/4 a lime on one and lightly sprinkle chili powder on top of the other
- 3. Taste each separate and see what you think

Grocery List for 20 Students

Produce

2 limes

Select from:

4 C pineapples

4 C watermelon

4 C mangos

Dry Goods

1 sml. bottle of chili powder